



MASSAGES

Treat yourself to a veritable moment of relaxation, and feel your tension disappear.



Californian massage

Rediscover the vitality and energy of your body and mind. The Californian massage consists of long fluid and harmonious movements over the entire body, leading to total muscle relaxation.

Nuad Bo'rarn massage*

Rediscover the intensity and harmony inside you. The principle of Thai massage is to harmonize the circulation of interior energy, to liberate the body of its tension and eliminate toxins.



Foot massage

It allows the harmonization of the body's vital functions as well as liberating stress and nervous tension, leaving you in a state of deep relaxation.

Emmanuelles Robin, masseur, is a qualified practitioner.

*Loose fitting clothing recommended